



AIHIKA

HERBOCARE

Personified Perfection

(A division of Giocon Pharma Limited)

SHODASI GROUP



TURMIN

CAPSULES

**THAT TURNS
AND
MINIMISES AGEING
PROCESS**

TURMIN



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TURMIN

CAPSULES



**At Last !
A Curcumin Formula
that Delivers
the Goods**

- The scientific research shows it has no less than 619 proven health benefits.
- It's simply amazing that so much power can be packed in one tiny affordable capsule.
- Unlike many turmeric supplements,

TURMIN contains a medicinal dose of curcuminoids and proven delivery technology that boosts its power by 2,000%.

- It also includes two ancient spices that are proven to magnify curcumin's potential. And a "smart herb" that harnesses the other ingredients.

- Turmin is truly a “**brain health miracle**”.
- Support smooth skin, sharp vision, and healthy, flexible joints;
- Generate extra energy by promoting a powerful heart and lungs;
- Enhance confidence by boosting brainpower;
- Support blood-pressure and blood-vessel health;
- Encourage healthy levels of blood sugar and triglycerides;
- Protect, support and even lengthen your telomeres;
- Enhances Mood, Happiness and Positive Attitude;
- To enhances **NORMAL ERECTILE FUNCTION**;
- And much, much more.

- Turmeric is used in India for thousands of years as a spice and medicinal herb.
- It contains compounds with medicinal properties, These compounds are called curcuminoids, the most important of which is [curcumin](#).
- All of turmeric's health benefits, scientists have established that it has one drawback:

It's very difficult for our bodies to absorb.

The sad truth:

most turmeric users only get LESS THAN 5% of its true healing potential.

Research team with the challenge of **forming the world's best, most absorbable kind of turmeric...**

Adding similar roots and herbs that synergistically work with turmeric.

And combining it with the right technology that delivers its maximum healing potential...

A special “delivery system” that transforms turmeric from a kitchen spice into **the world's most powerful healer.**

TURMIN is the only formula that has the complete healing potential of curcumin in a single pill.

TURMIN

Each capsule contain extracts of ,

❖ *Curcuma longa* : 333mg

(Curcumin 96%)

❖ *Zingiber officinale* : 33mg

❖ *Ocimum sanctum* : 33mg

❖ Galangal root powder : 33mg
(*Alpinia officinarum*)

Black pepper extract

❖ standardized to 95% Piperine : 1.66 mg
(*Piper nigrum*) fruit

Curcumin {Curcuma longa} :

- Curcumin is now recognized as the world's most powerful healer.
- **Curcumin** is a bright yellow colour substance produced by some plants. It is the principal curcuminoid of turmeric (Curcuma longa).
- All of turmeric's health benefits, scientists have established that it has *one* drawback:

It's very difficult for our bodies to absorb.

Three specific things are needed to solve that:

- ❖ The right kind of curcumin, specifically three of the most powerful curcuminoids, at the right dose: 1,000 mg per day.

- ❖ A proven delivery mechanism, shown by studies to get curcumin to your cells.
- ❖ And, perhaps most important of all, similar ancient roots that MAGNIFY curcumin's power.

These are all things that most so-called “turmeric” supplements are lacking...

And the result is...

- ❖ They do NOT metabolize in your body...
- ❖ They do NOT get to your cells where it's needed most...
- ❖ And they do NOT cross your blood-brain barrier.

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Curcumin (Curcumin longa)



PIPERINE :

Piperine is the standardized composition derived from [black pepper extract](#).

It is a standardized extract from the fruit of *Piper nigrum* (black pepper) or *Piper longum* (long pepper).

It contains 95 percent [piperine](#), which has potential health benefits.

Piperine has been shown in clinical research [to increase the absorption](#) of nutrients in nutritional supplement formulations.

However, piperine is used for [potential increase in absorption](#).

- It is an antioxidant, anti-inflammatory, anti-tumor, etc.
- Antidepressant.

PIPERINE {*Piper nigrum*}



- Enhances Mood, Happiness and Positive Attitude.

“Curcumin along with piperine may prove to be a useful and potent natural approach in the management of mood.”

- A longer, healthier life;
- “Sharp-as- a-tack” thinking and memory recollection;
- Easy, comfortable, pain-free mobility;
- Crystal - clear eyesight;
- A happier, calmer mindset — free from stress, anxiety and worry;
- Healthy blood sugar levels;

- Healthy cholesterol and triglyceride levels;
- Easy, smooth, hassle-free digestion;
- Healthy kidneys, liver and lungs;
- A slim, fit figure;
- A healthy, ageless heart;
- And much, much more.

Zingiber officinale :

Ginger (Zingiber officinale) is a flowering plant whose rhizome, **ginger root** or simply **ginger**, is widely used as a spice or a folk medicine.

Gingerol is the powerhouse inside ginger.

Ginger “switches off” the genes that cause age-related inflammation.

“Ginger has anti-inflammatory... and antioxidant activities, as well as a small amount of [pain relieving] property,”.

Ginger has antioxidant effects that break down existing inflammation and acidity in the fluid within the joints.

Ginger : Nature's Multi-Tool

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AMOMUM ZINGIBER.—WILLD.—BINNEN
ZINGIBER OFFICINALE.—LUC.—MAG.



Benefits :

- Nausea relief ;
- Fast metabolism and healthy weight levels ;
- Healthy blood flow and circulation ;
- Smooth, comfortable joints ;
- Healthy blood pressure levels ;
- Healthy cholesterol and triglyceride levels ;
- Smooth, hassle-free digestion ;
- Healthy blood sugar levels ;
- Improved insulin support.

Galangal (*Alpinia officinarum*) :

- Galangal is a root in the rhizome family, which looks similar to ginger.
- Researchers are already calling it “the goldmine of future therapeutics”.
- Galangal warms the body and aids in digestion.
- It’s also a powerful anti-nausea remedy.
- It also shows similar antioxidant, anti-inflammatory and antimicrobial powers.
- Galangal can ameliorate the symptoms of gastrointestinal distress and abdominal pain, while also providing relief from motion sickness and nausea.

Galangal : "The gold mine of future therapeutics."



Ocimum sanctum :

- It's better known as Holy Basil, or "Tulsi."
- **This herb harnesses their full healing potential**... commands exactly where they target... and keeps them disciplined, working all throughout the day, in any situation, for whatever your body needs.
- New research at Carnegie Mellon University, high levels of cortisol — caused by chronic stress — decrease the sensitivity of our immune cells to hormone signaling.
- Tulsi is proven to balance serum levels of **cortisol**.
- Holy Basil — **a proven cortisol regulator** — is proven to work on so many age-related conditions.
- It's a powerful brain booster, too much like curcumin.

Tulsi or Holy Basil : The Wonder Herb



What You Get in Every Single Pill

With every single dose of **TURMIN** you get...

✓	A Therapeutic Curcumin Dose: 1,000 milligrams of the three most potent curcuminoids	
✓	Amplifier #1: The delivery technology, bioperine, proven to make curcumin 2,000% more absorbable	
✓	Amplifier #2: Ginger, and specifically gingerol —the most powerful medicinal compound of ginger	
✓	Amplifier #3: Galangal, “the spice of life”, and third member of the curcumin family	
✓	Bonus Amplifier: Holy Basil, the adaptogen that harnesses and directs the power of all the other ingredients	

INDICATIONS :

- Turmin is truly a “**brain health miracle**”.
- Support smooth skin, sharp vision, and healthy, flexible joints;
- Generate extra energy by promoting a powerful heart and lungs;
- Enhance confidence by boosting brainpower;
- Support blood-pressure and blood-vessel health;
- Encourage healthy levels of blood sugar and triglycerides;
- Protect, support and even lengthen your telomeres;
- To enhances **NORMAL ERECTILE FUNCTION** ;
- Enhances Mood, Happiness and Positive Attitude.

Boosts Working Memory, Reduced Mental Fatigue and Enhanced Mood... in 1 Hour¹

– Journal of Psychopharmacology

Supports healthy blood sugar levels. 100% of people taking curcumin had a healthier response to insulin.²

– Journal of Diabetes Care

Equals 1 hour of daily aerobic exercise for better heart health.³

– Journal of Nutrition Research

Supports healthy triglyceride levels. Patients taking curcumin experienced a 60% improvement in maintaining healthy fat blood levels.⁴

– Journal of Phytotherapy Research

Lengthens healthier lifespan by 25%. That's the equivalent of adding 15-20 healthy years to your life on average!⁵

– Age Journal

Supports joint comfort and easy, pain-free mobility. People taking curcumin saw pain scores drop by 60%... and stiffness scores drop by 73%.⁶

– Journal of Alternative Medicine Review

Promotes radiant skin. Found to inhibit a key enzyme that prevents elastin from forming by up to 65%. Elastin is essential to smooth, young skin.⁷

– *Journal Biomed Central Alternative and Complimentary Medicine*

Supports hassle-free, smooth digestion. Two-thirds of patients taking curcumin experienced healthy gut performance.⁸

– *Journal of Alternative Complimentary Medicine*

Supports healthy inflammation levels. After an exercise regimen, patients taking curcumin saw their markers of inflammation reduced by 25% compared to the placebo.⁹

– *University of North Texas*

Supports sharp vision and healthy eyes. 100% of the people who took curcumin saw support for healthy middle layers of eyeball tissue.¹⁰

– *Journal of Phytotherapy Research*

Supports and helps maintain telomere length. Telomere shortening is now proven as the #1 cause of aging. So it's the equivalent of freezing time!¹¹

– *University of Newcastle*

Supports clean, free-flowing arteries. Patients taking this pill saw 26% of gunk unclogged from their arteries.¹²

– *Study presented at the American Heart Association's Basic Cardiovascular Sciences Annual Conference*

Supports healthy blood pressure levels.¹³

– *Journal of Renal Nutrition*

Reduces risk of a sudden cardiac event by 56%.¹⁴

– *American Journal of Cardiology*

TURMIN is truly a "brain health miracle" :

Enhance confidence by boosting brainpower

"Little Gold Pill" Supercharges Memory in 60 Minutes...

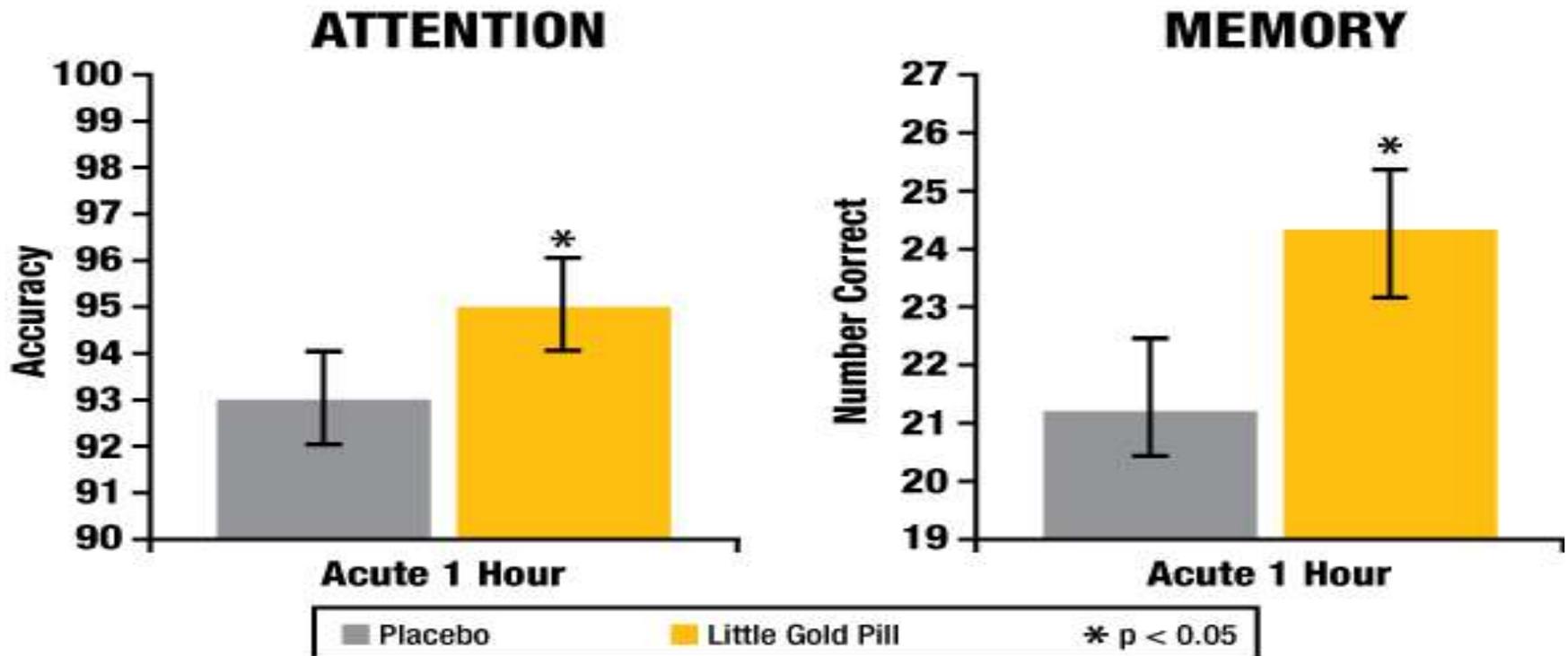
- ❖ Imagine just 60 minutes from now, you could have a super charged working memory...
- ❖ And not just a stronger memory, but a boost in mood, alertness, focus and energy.
- ❖ Researchers conducted a double-blind, placebo trial with adults ages 65 to 85...
- ❖ And within just one hour of taking this unusual pill, they all saw fantastic results like...
 - Improved working memory
 - Reduced fatigue
 - Enhanced mood

- Sharper focus
- And even healthy cholesterol levels!

Over 6,600 studies have been conducted on the unusual ingredient behind this pill...

And they all agree on one thing: this is truly a *"brain health miracle"* unlike any other.

The chart below shows the control group's performance on memory tests versus the placebo...



Clinical Trials Prove Turmeric is More Powerful than The Popular Treatments in your Medicine Cabinet – Without Side Effects

GOOD CHOLESTEROL LEVELS

Proof: In a study published in the journal *Molecular Nutrition and Food Research*, animals were given **curcumin** and a popular **cholesterol solution** over 18 weeks.

The curcumin did better at supporting healthy cholesterol levels and gave no side effects.

GREATER JOINT COMFORT

Proof: Published in the *Journal of Alternative and Complementary Medicine*, knee joint patients were given either a popular joint treatment or curcumin.

Over the course of six weeks, both groups saw the exact same support of healthy joints, but there was one difference: the curcumin group saw zero side effects.

NORMAL FUNCTION

Proof: In a study published in the *International Journal of Impotence*, researchers treated animals in three groups: **curcumin**; a **best-selling erectile solution**; and a **combination of the two**.

They found the curcumin group and the combination group "*could enhance erectile function with more efficacy and more prolonged duration of action.*"

ERECTILE

SHARP VISION AND HEALTHY EYES

Proof: Researchers treated patients with vision problems using curcumin in one group and a popular eyesight therapy in the other. In three months, 100% of patients taking curcumin saw healthy middle layers of eyeball tissue. The other group only saw 86% success. What's more, a follow-up done three years later found the curcumin group had greater long-term eye health support, and with no side effects.

MORE UPBEAT MOOD

Proof: In the journal *Phytotherapy Research*, researchers split up patients into three groups, giving one **curcumin** ; one **a popular mood booster**; and the other a **combination of the two**. In the span of six weeks, curcumin and the popular mood booster worked equally well, but the combination of the two did better with fewer side effects.

HEALTHY GLUCOSE LEVELS

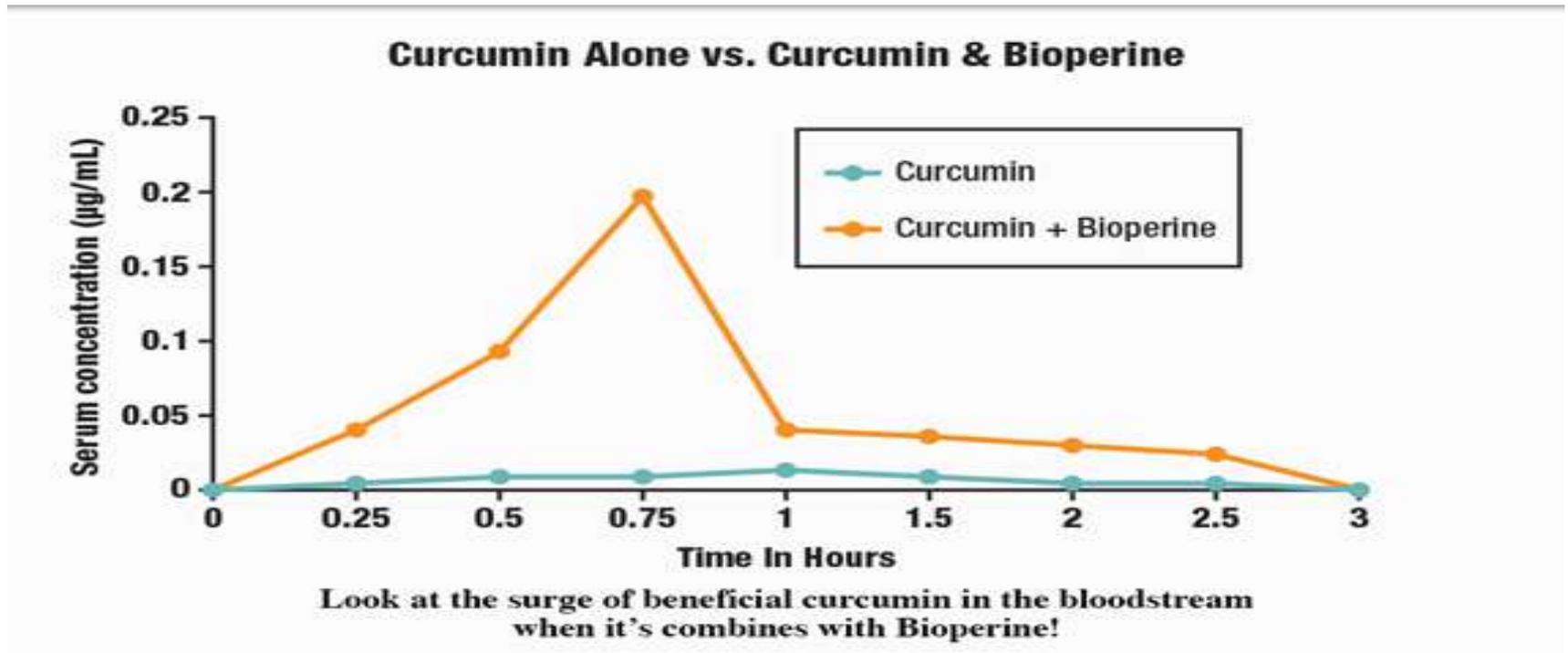
Proof: Auburn University researchers compared curcumin to a popular blood sugar solution in their ability to balance glucose levels.

They found curcumin was a stunning **10,000 times** more powerful at supporting healthy glucose, and with no side effects.

- The list goes on and on.
- **But it's only possible if the turmeric is actually absorbable... and if it crosses the blood-brain barrier.**
- **Which is why, a new technology that's proven to achieve both those things.**

New Technology Enhances Turmeric's Power by 2,000%

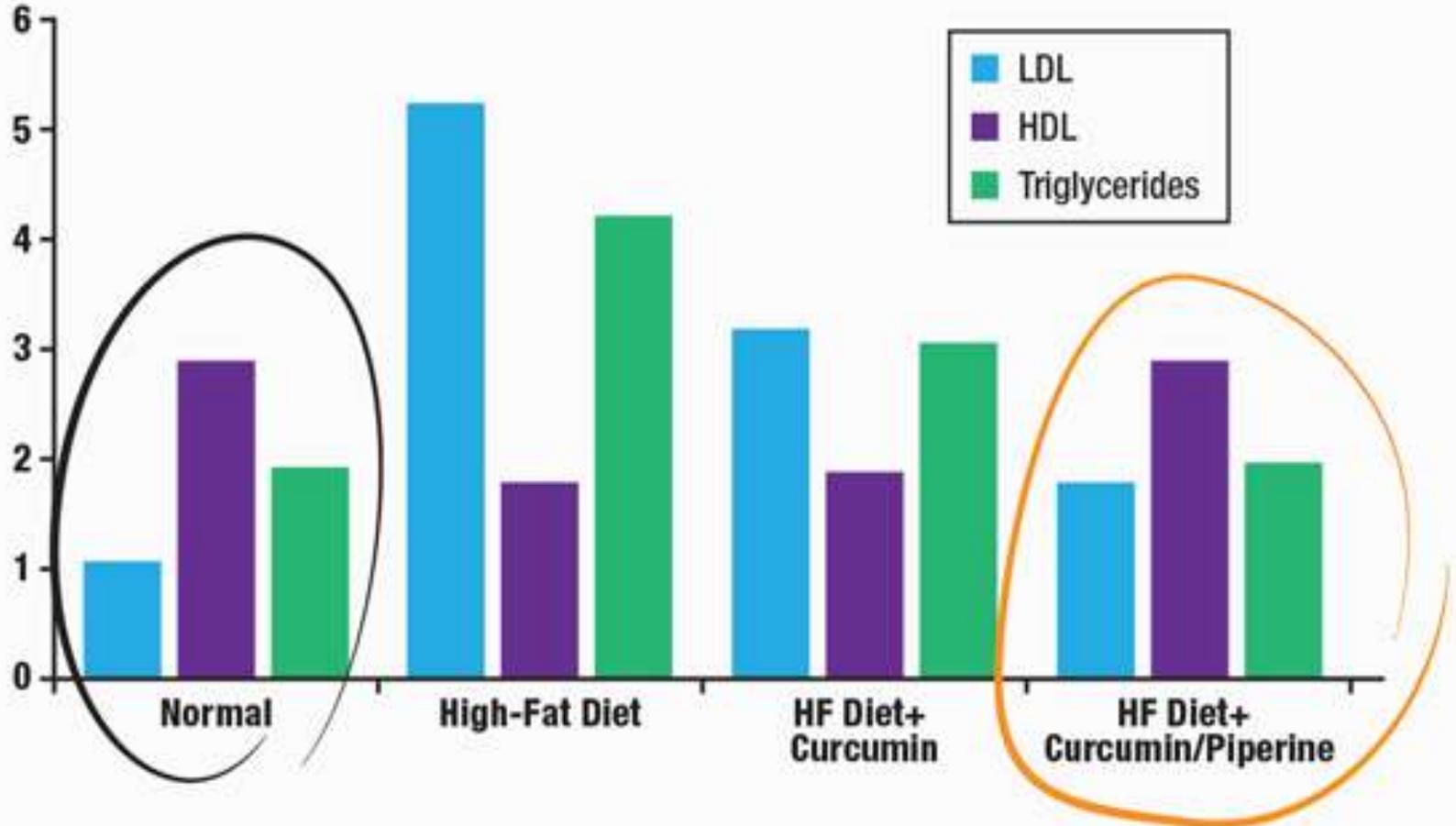
- Researchers there compared blood levels of curcumin alone vs. combining it with piperine...
- And within 45 minutes of use, patients saw a stunning 2,000% increase in curcumin levels.
- Not only that, it lasted longer in the bloodstream.
- Now research is confirming that it actually **WORKS** better, too.



Special Technology Helps Curcumin Better Support Healthy Cholesterol and Triglyceride Levels

- In one study, researchers took healthy animals, split them into three groups, and fed them a high-fat diet.
- In addition, group 2 received curcumin and group 3 received curcumin and piperine. And the results were breathtaking...
- In over four weeks, the group that received curcumin and piperine saw NO changes to their blood levels.
- In other words, the effects of a high-fat diet on their cholesterol and triglyceride levels were negligible.
- In fact, their HDL (“good”) cholesterol levels actually increased!

Animals fed a high-fat diet saw their healthy cholesterol and triglycerides maintained with curcumin and piperine



Even after eating a high-fat diet for four weeks, the Curcumin/Piperene group (on the right side of the chart) saw no change to their normal cholesterol levels!

Erectile Dysfunction (ED)

Erectile dysfunction (ED) is the inability to get or keep an erection firm enough to have sexual intercourse.

It's also sometimes referred to as impotence.

What are the symptoms of ED?

You may have erectile dysfunction if you regularly have:

- trouble getting an erection
- difficulty maintaining an erection during sexual activities
- reduced interest in sex.

Other sexual disorders related to ED include:

- premature ejaculation
- delayed ejaculation
- anorgasmia, which is the inability to achieve orgasm after ample stimulation.

What causes ED?

There are many possible causes for ED, and they can include both emotional and physical disorders.

Some common causes are:

[cardiovascular disease](#) ; [diabetes](#) ; hypertension ; hyperlipidemia ; damage from cancer or [surgery](#) ; injuries ; [obesity or being overweight](#) ; increased age ; [stress](#) ; anxiety ; relationship problems ; drug use ; alcohol use ; [smoking](#).

How does age affect incidence of ED?

According to the [National Institute of Diabetes and Digestive and Kidney Diseases](#). The prevalence of ED increases with age.

ED affects:

- 12 percent of men younger than 60
- 22 percent of men in their 60s
- 30 percent of men 70 or older

- Although the risk of ED increases with age, ED is not inevitable as you get older.
- It may be more difficult to get an erection as you age, but that doesn't necessarily mean you will develop ED.
- In general, the healthier you are, the better your sexual function.
- **TURMIN** enhances **NORMAL ERECTILE FUNCTION .**

DOSAGE :

Take three capsules of TURMIN per a day (TID).

Price and Pack:

30 capsules in a bottle and MRP is Rs.