



**AIHIKA**

**HERBOCARE**

*Personified Perfection*

**(A division of Giocon Pharma Limited)**

**SHODASI GROUP**



**TURMIN**

**CAPSULES**

**THAT TURNS  
AND  
MINIMISES AGEING  
PROCESS**

***TURMIN***



**CAPSULES**

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PROCESS

*TURMIN*

CAPSULES



**At Last !  
A Curcumin Formula  
that Delivers  
the Goods**

- The scientific research shows it has no less than 619 proven health benefits.
- It's simply amazing that so much power can be packed in one tiny affordable capsule.
- Unlike many turmeric supplements,

**TURMIN** contains a medicinal dose of curcuminoids and proven delivery technology that boosts its power by 2,000%.

- It also includes two ancient spices that are proven to magnify curcumin's potential. And a "smart herb" that harnesses the other ingredients.

- Turmin is truly a “**brain health miracle**”.
- Support smooth skin, sharp vision, and healthy, flexible joints;
- Generate extra energy by promoting a powerful heart and lungs;
- Enhance confidence by boosting brainpower;
- Support blood-pressure and blood-vessel health;
- Encourage healthy levels of blood sugar and triglycerides;
- Protect, support and even lengthen your telomeres;
- Enhances Mood, Happiness and Positive Attitude;
- To enhances **NORMAL ERECTILE FUNCTION**;
- And much, much more.

- Turmeric is used in India for thousands of years as a spice and medicinal herb.
- It contains compounds with medicinal properties, These compounds are called curcuminoids, the most important of which is [curcumin](#).
- All of turmeric's health benefits, scientists have established that it has one drawback:

***It's very difficult for our bodies to absorb.***

***The sad truth:***

***most turmeric users only get LESS THAN 5% of its true healing potential.***



Research team with the challenge of **forming the world's best, most absorbable kind of turmeric...**

Adding similar roots and herbs that synergistically work with turmeric.

And combining it with the right technology that delivers its maximum healing potential...

A special “delivery system” that transforms turmeric from a kitchen spice into **the world's most powerful healer.**

**TURMIN** is the only formula that has the complete healing potential of curcumin in a single pill.

# TURMIN

Each capsule contain extracts of ,

❖ Curcuma longa : 333mg

(Curcumin 96%)

❖ Zingiber officinale : 33mg

❖ Ocimum sanctum : 33mg

❖ Galangal root powder : 33mg  
( Alpinia officinarum )

Black pepper extract

❖ standardized to 95% Piperine : 1.66 mg  
( Piper nigrum ) fruit

## Curcumin {Curcuma longa} :

- Curcumin is now recognized as the world's most powerful healer.
- **Curcumin** is a bright yellow colour substance produced by some plants. It is the principal curcuminoid of turmeric (Curcuma longa).
- All of turmeric's health benefits, scientists have established that it has *one* drawback:

***It's very difficult for our bodies to absorb.***

**Three specific things are needed to solve that:**

- ❖ The right kind of curcumin, specifically three of the most powerful curcuminoids, at the right dose: 1,000 mg per day.

- ❖ A proven delivery mechanism, shown by studies to get curcumin to your cells.
- ❖ And, perhaps most important of all, similar ancient roots that MAGNIFY curcumin's power.

These are all things that most so-called “turmeric” supplements are lacking...

And the result is...

- ❖ They do NOT metabolize in your body...
- ❖ They do NOT get to your cells where it's needed most...
- ❖ And they do NOT cross your blood-brain barrier.

*The sad truth:*

*most turmeric users only get **LESS THAN 5%** of its true healing potential.*

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**Curcumin (Curcumin longa )**



## PIPERINE :

Piperine is the standardized composition derived from [black pepper extract](#).

It is a standardized extract from the fruit of *Piper nigrum* (black pepper) or *Piper longum* (long pepper).

It contains 95 percent [piperine](#), which has potential health benefits.

Piperine has been shown in clinical research [to increase the absorption](#) of nutrients in nutritional supplement formulations.

However, piperine is used for [potential increase in absorption](#).

- It is an antioxidant, anti-inflammatory, anti-tumor, etc.
- Antidepressant.

**PIPERINE {*Piper nigrum*}**





- Enhances Mood, Happiness and Positive Attitude.

**“Curcumin along with piperine may prove to be a useful and potent natural approach in the management of mood.”**

- A longer, healthier life;
- “Sharp-as- a-tack” thinking and memory recollection;
- Easy, comfortable, pain-free mobility;
- Crystal - clear eyesight;
- A happier, calmer mindset — free from stress, anxiety and worry;
- Healthy blood sugar levels;

- Healthy cholesterol and triglyceride levels;
- Easy, smooth, hassle-free digestion;
- Healthy kidneys, liver and lungs;
- A slim, fit figure;
- A healthy, ageless heart;
- And much, much more.

## Zingiber officinale :

**Ginger** (Zingiber officinale) is a flowering plant whose rhizome, **ginger root** or simply **ginger**, is widely used as a spice or a folk medicine.

Gingerol is the powerhouse inside ginger.

Ginger “switches off” the genes that cause age-related inflammation.

“Ginger has anti-inflammatory... and antioxidant activities, as well as a small amount of [pain relieving] property,”.

Ginger has antioxidant effects that break down existing inflammation and acidity in the fluid within the joints.

# Ginger : Nature's Multi-Tool

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AMOMUM ZINGIBER.—WILLD.—BINNEN  
ZINGIBER OFFICINALE.—LUC.—MAG.



## Benefits :

- Nausea relief ;
- Fast metabolism and healthy weight levels ;
- Healthy blood flow and circulation ;
- Smooth, comfortable joints ;
- Healthy blood pressure levels ;
- Healthy cholesterol and triglyceride levels ;
- Smooth, hassle-free digestion ;
- Healthy blood sugar levels ;
- Improved insulin support.

## Galangal (*Alpinia officinarum*) :

- Galangal is a root in the rhizome family, which looks similar to ginger.
- Researchers are already calling it “the goldmine of future therapeutics”.
- Galangal warms the body and aids in digestion.
- It’s also a powerful anti-nausea remedy.
- It also shows similar antioxidant, anti-inflammatory and antimicrobial powers.
- Galangal can ameliorate the symptoms of gastrointestinal distress and abdominal pain, while also providing relief from motion sickness and nausea.

**Galangal : "The gold mine of future therapeutics."**



## Ocimum sanctum :

- It's better known as Holy Basil, or "Tulsi."
- **This herb harnesses their full healing potential**... commands exactly where they target... and keeps them disciplined, working all throughout the day, in any situation, for whatever your body needs.
- New research at Carnegie Mellon University, high levels of cortisol — caused by chronic stress — decrease the sensitivity of our immune cells to hormone signaling.
- Tulsi is proven to balance serum levels of **cortisol**.
- Holy Basil — **a proven cortisol regulator** — is proven to work on so many age-related conditions.
- It's a powerful brain booster, too much like curcumin.








**Tulsi or Holy Basil : The Wonder Herb**



# What You Get in Every Single Pill

With every single dose of **TURMIN** you get...

✓	<b>A Therapeutic Curcumin Dose:</b> 1,000 milligrams of the three most potent curcuminoids	
✓	<b>Amplifier #1:</b> The delivery technology, bioperine, proven to make curcumin 2,000% more absorbable	
✓	<b>Amplifier #2:</b> Ginger, and specifically gingerol —the most powerful medicinal compound of ginger	
✓	<b>Amplifier #3:</b> Galangal, “the spice of life”, and third member of the curcumin family	
✓	<b>Bonus Amplifier:</b> Holy Basil, the adaptogen that harnesses and directs the power of all the other ingredients	

## INDICATIONS :

- Turmin is truly a “**brain health miracle**”.
- Support smooth skin, sharp vision, and healthy, flexible joints;
- Generate extra energy by promoting a powerful heart and lungs;
- Enhance confidence by boosting brainpower;
- Support blood-pressure and blood-vessel health;
- Encourage healthy levels of blood sugar and triglycerides;
- Protect, support and even lengthen your telomeres;
- To enhances **NORMAL ERECTILE FUNCTION**;
- Enhances Mood, Happiness and Positive Attitude.

**Boosts Working Memory, Reduced Mental Fatigue and Enhanced Mood... in 1 Hour<sup>1</sup>**

– *Journal of Psychopharmacology*

**Supports healthy blood sugar levels. 100% of people taking curcumin had a healthier response to insulin.<sup>2</sup>**

– *Journal of Diabetes Care*

**Equals 1 hour of daily aerobic exercise for better heart health.<sup>3</sup>**

– *Journal of Nutrition Research*

**Supports healthy triglyceride levels. Patients taking curcumin experienced a 60% improvement in maintaining healthy fat blood levels.<sup>4</sup>**

– *Journal of Phytotherapy Research*

**Lengthens healthier lifespan by 25%. That's the equivalent of adding 15-20 healthy years to your life on average!<sup>5</sup>**

– *Age Journal*

**Supports joint comfort and easy, pain-free mobility. People taking curcumin saw pain scores drop by 60%... and stiffness scores drop by 73%.<sup>6</sup>**

– *Journal of Alternative Medicine Review*

**Promotes radiant skin.** Found to inhibit a key enzyme that prevents elastin from forming by up to 65%. Elastin is essential to smooth, young skin.<sup>7</sup>

– *Journal Biomed Central Alternative and Complimentary Medicine*

**Supports hassle-free, smooth digestion.** Two-thirds of patients taking curcumin experienced healthy gut performance.<sup>8</sup>

– *Journal of Alternative Complimentary Medicine*

**Supports healthy inflammation levels.** After an exercise regimen, patients taking curcumin saw their markers of inflammation reduced by 25% compared to the placebo.<sup>9</sup>

– *University of North Texas*

**Supports sharp vision and healthy eyes.** 100% of the people who took curcumin saw support for healthy middle layers of eyeball tissue.<sup>10</sup>

– *Journal of Phytotherapy Research*

**Supports and helps maintain telomere length.** Telomere shortening is now proven as the #1 cause of aging. So it's the equivalent of freezing time!<sup>11</sup>

– *University of Newcastle*

**Supports clean, free-flowing arteries.** Patients taking this pill saw 26% of gunk unclogged from their arteries.<sup>12</sup>

– *Study presented at the American Heart Association's Basic Cardiovascular Sciences Annual Conference*

**Supports healthy blood pressure levels.**<sup>13</sup>

– *Journal of Renal Nutrition*

**Reduces risk of a sudden cardiac event by 56%.**<sup>14</sup>

– *American Journal of Cardiology*

# TURMIN is truly a "brain health miracle" :

## Enhance confidence by boosting brainpower

### "Little Gold Pill" Supercharges Memory in 60 Minutes...

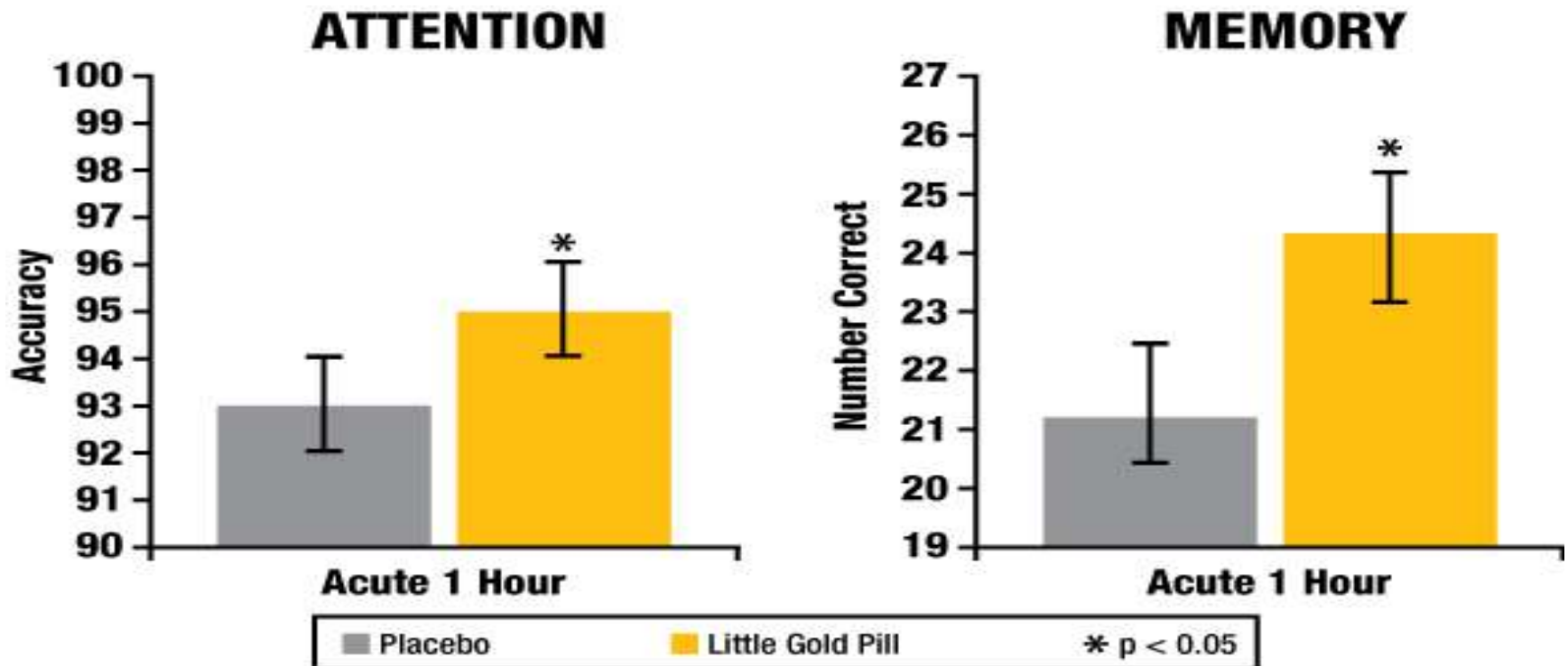
- ❖ Imagine just 60 minutes from now, you could have a super charged working memory...
- ❖ And not just a stronger memory, but a boost in mood, alertness, focus and energy.
- ❖ Researchers conducted a double-blind, placebo trial with adults ages 65 to 85...
- ❖ And within just one hour of taking this unusual pill, they all saw fantastic results like...
  - Improved working memory
  - Reduced fatigue
  - Enhanced mood

- Sharper focus
- And even healthy cholesterol levels!

**Over 6,600 studies have been conducted on the unusual ingredient behind this pill...**

And they all agree on one thing: this is truly a *"brain health miracle"* unlike any other.

*The chart below shows the control group's performance on memory tests versus the placebo...*



# Clinical Trials Prove Turmeric is More Powerful than The Popular Treatments in your Medicine Cabinet – Without Side Effects

## GOOD CHOLESTEROL LEVELS

**Proof:** In a study published in the journal *Molecular Nutrition and Food Research*, animals were given **curcumin** and a popular **cholesterol solution** over 18 weeks.

The curcumin did better at supporting healthy cholesterol levels and gave no side effects.

## GREATER JOINT COMFORT

**Proof:** Published in the *Journal of Alternative and Complementary Medicine*, knee joint patients were given either a popular joint treatment or curcumin.

Over the course of six weeks, both groups saw the exact same support of healthy joints, but there was one difference: the curcumin group saw zero side effects.



## **NORMAL FUNCTION**

**Proof:** In a study published in the *International Journal of Impotence*, researchers treated animals in three groups: **curcumin**; a **best-selling erectile solution**; and a **combination of the two**.

They found the curcumin group and the combination group "*could enhance erectile function with more efficacy and more prolonged duration of action.*"

## **ERECTILE**

## **SHARP VISION AND HEALTHY EYES**

**Proof:** Researchers treated patients with vision problems using curcumin in one group and a popular eyesight therapy in the other. In three months, 100% of patients taking curcumin saw healthy middle layers of eyeball tissue. The other group only saw 86% success. What's more, a follow-up done three years later found the curcumin group had greater long-term eye health support, and with no side effects.

## MORE UPBEAT MOOD

**Proof:** In the journal *Phytotherapy Research*, researchers split up patients into three groups, giving one **curcumin** ; one **a popular mood booster**; and the other a **combination of the two**. In the span of six weeks, curcumin and the popular mood booster worked equally well, but the combination of the two did better with fewer side effects.

## HEALTHY GLUCOSE LEVELS

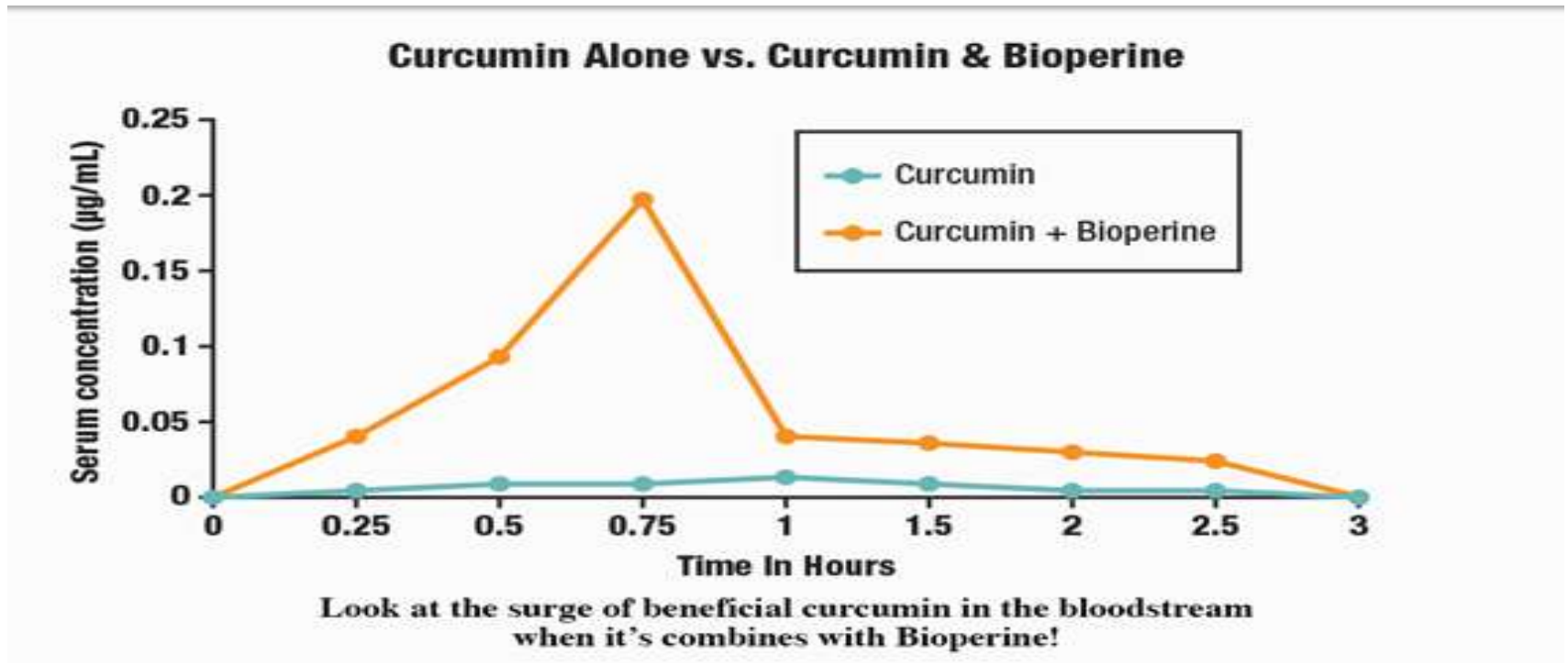
**Proof:** Auburn University researchers compared curcumin to a popular blood sugar solution in their ability to balance glucose levels.

They found curcumin was a stunning **10,000 times** more powerful at supporting healthy glucose, and with no side effects.

- The list goes on and on.
- **But it's only possible if the turmeric is actually absorbable... and if it crosses the blood-brain barrier.**
- **Which is why, a new technology that's proven to achieve both those things.**

# New Technology Enhances Turmeric's Power by 2,000%

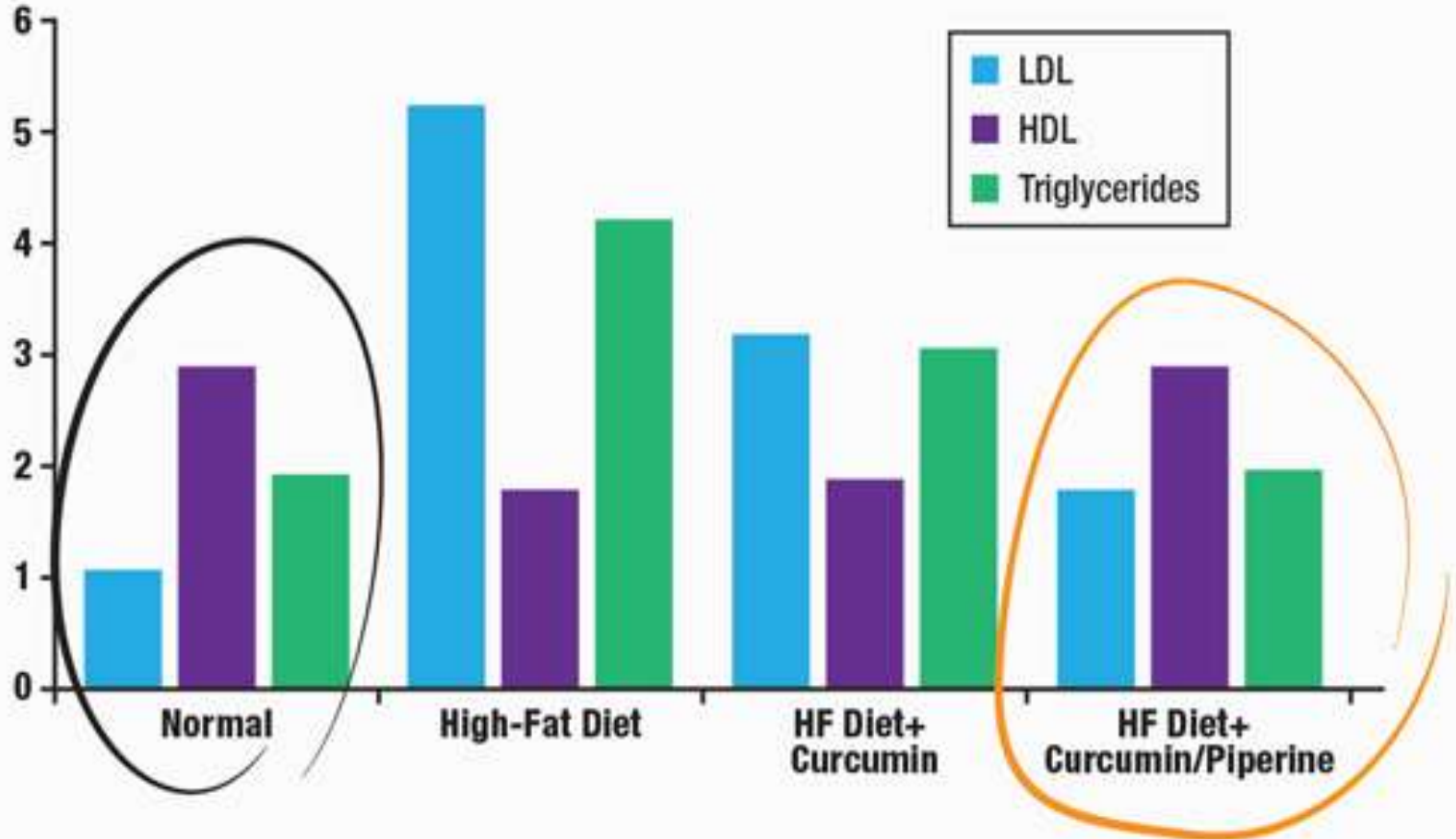
- Researchers there compared blood levels of curcumin alone vs. combining it with piperine...
- And within 45 minutes of use, patients saw a stunning 2,000% increase in curcumin levels.
- Not only that, it lasted longer in the bloodstream.
- Now research is confirming that it actually **WORKS** better, too.



## Special Technology Helps Curcumin Better Support Healthy Cholesterol and Triglyceride Levels

- In one study, researchers took healthy animals, split them into three groups, and fed them a high-fat diet.
- In addition, group 2 received curcumin and group 3 received curcumin and piperine. And the results were breathtaking...
- In over four weeks, the group that received curcumin and piperine saw NO changes to their blood levels.
- In other words, the effects of a high-fat diet on their cholesterol and triglyceride levels were negligible.
- In fact, their HDL (“good”) cholesterol levels actually increased!

## Animals fed a high-fat diet saw their healthy cholesterol and triglycerides maintained with curcumin and piperine



Even after eating a high-fat diet for four weeks, the Curcumin/Piperene group (on the right side of the chart) saw no change to their normal cholesterol levels!

# Erectile Dysfunction (ED)

**Erectile dysfunction (ED)** is the inability to get or keep an erection firm enough to have sexual intercourse.

It's also sometimes referred to as impotence.

## What are the symptoms of ED?

You may have erectile dysfunction if you regularly have:

- trouble getting an erection
- difficulty maintaining an erection during sexual activities
- reduced interest in sex.

Other sexual disorders related to ED include:

- premature ejaculation
- delayed ejaculation
- anorgasmia, which is the inability to achieve orgasm after ample stimulation.

## What causes ED?

There are many possible causes for ED, and they can include both emotional and physical disorders.

Some common causes are:

[cardiovascular disease](#) ; [diabetes](#) ; hypertension ; hyperlipidemia; damage from cancer or [surgery](#) ; injuries ; [obesity or being overweight](#) ; increased age ; [stress](#) ; anxiety ; relationship problems; drug use ; alcohol use ; [smoking](#).

## How does age affect incidence of ED?

According to the [National Institute of Diabetes and Digestive and Kidney Diseases](#). The prevalence of ED increases with age.

ED affects:

- 12 percent of men younger than 60
- 22 percent of men in their 60s
- 30 percent of men 70 or older



- Although the risk of ED increases with age, ED is not inevitable as you get older.
- It may be more difficult to get an erection as you age, but that doesn't necessarily mean you will develop ED.
- In general, the healthier you are, the better your sexual function.
- **TURMIN** enhances **NORMAL ERECTILE FUNCTION .**

## **DOSAGE :**

Take three capsules of TURMIN per a day ( TID).

## **Price and Pack:**

30 capsules in a bottle and MRP is Rs.